

SUMMER YOUTH PROGRAM 2017

Grown Up & Me

For Ages 6-36 months

Tuesdays

July 11, 18, 25 August 1, 8, 16, 22

11:30am-12:00pm

Sharing, Choices, Imagination, Collaboration, FUN! This structured playtime is the perfect introduction to the value of dance. Grown ups help stretch at the beginning, and keep them on task.

The grown-up is expected to do all of the dancing with their young dancer.

Dress Code: bare feet or ballet shoes, shorts and tee shirt or a leotard.

Preschool Classes

Combined Tap & Ballet for ages 3-5

Mondays & Wednesdays

July 10, 12, 17, 19, 24, 26, 31,

August 2, 7, 9, 14, 16, 21, 23

6:00pm-6:45pm

A combination class of ballet and tap for the youngest of dancers. Each class includes basic tap steps, basic ballet movement.

**Dress Code: Girls: Tap Shoes, Ballet Shoes, Leotard, Tights, Hair pulled up and away
Boys: Tap shoes, ballet shoes, black shorts or sweatpants, white tee shirt tucked in**



Mini Tumblers

for ages 3-6

Thursdays

July 13, 20, 27 August 3, 10, 17, 24

11:15am-12:00pm

An introduction to the many benefits of tumbling including gross motor skill development, balance, strength, flexibility, and coordination. Age appropriate lesson plans will incorporate fun activities for successful progression to basic tumbling skills such as forward and backward rolls, handstands, and cartwheels.

Dress Code: Leotard or shorts & tee shirt, bare feet

Ballet is the BEST

For ages 6-10

Tuesdays

July 11, 18, 25 August 1, 8, 16, 22

7:00pm-7:45pm

The basics of ballet, including feet and arm positions and standard barre exercises.

Girls: Leotard, tights, ballet shoes and hair pulled up and away.

Boys: Shirt & Shorts with ballet shoes

Dance Bucks

30, 45 & 90 minute classes

3 Classes: \$36

4 classes: \$48

5 Classes: \$60

Zumba Kids

Ages 4-12

Thursdays

July 13, 20, 27 August 3, 10, 17, 24

7:00pm-7:45pm

Specially choreographed, kid friendly routines with music kids love. Parents love the effects it has on kids, increasing their focus and self confidence, boosting metabolism and enhancing coordination.

Dress Code: Leotard or shorts and tee shirt, clean sneakers and hair pulled up and away.



FOR BOYS ONLY!

For ages 7-11

Tuesdays

July 11, 18, 25 August 1, 8, 16, 22

7:00pm-7:45pm

Mixed Technique: hip hop, acro, jazz & ballet. Middle school and high school aged boys should call to book sessions for pre-season prep classes that focus on flexibility, agility, and overall body awareness.

Dress Code: black shorts or sweat-pants, white tee shirt tucked in, clean sneakers or black ballet or jazz shoes.

DANCE ACRO

Ages 7+

Tuesdays & Thursdays

July 11, 13, 18, 20, 25, 27

August 1, 3, 8, 10, 16, 18, 22, 24

5:30pm-7:00pm

This class focuses on the acrobatic elements that appear in dance choreography. A fierce workout, it starts with an intense warm up designed to prepare the body in the areas of balance, strength, flexibility, and coordination. Beginner to intermediate tumbling.

Dress Code: leotard or fitted tee shirt with shorts, bare feet and bare legs, hair pulled up and away.

Center Stage Dance Company

43334 W. Seven Mile Rd., Suite 250, Northville, MI 48167

Phone: (248) 380-1666 Email: csdc5678@dancingcenterstage.com

Website www.dancingcenterstage.com